



BLUE ZONES PROJECT

LIVE LONGER BETTER®

SOUTH COUNTY

Blue Zones Project is a community well-being initiative that's designed to unite our worksites, grocery stores, restaurants, schools, city leaders, and residents toward one common goal: making healthy choices easier.

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JOIN US to hear national speaker, Tony Buettner, share the history of Blue Zones and how the research of the world's longest-lived cultures is creating a blueprint for well-being across America.
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Blue Zones Project Community Keynote Presentation

**Wednesday, Feb. 26
6:00 p.m.**

Salinas Valley Fairgrounds
625 Division St., King City, CA
93930



OTHER OPPORTUNITIES TO GET INVOLVED:

Wine @ Five

FEB. 26 | 5:00PM | Salinas Valley Fairgrounds

Community Transformation Presentation

FEB. 27 | 9:30AM | Salinas Valley Fairgrounds

Community Input Sessions

FEB. 27 | 11:30AM & 1:00PM | Salinas Valley Fairgrounds

>>> RSVP: go.bluezonesproject.com/southcounty

BROUGHT TO YOU BY THE FOLLOWING SPONSORS:

